



PLAYFUL PATHS
COUNSELING

*Playmore
& Prosper*



Pam Hoffman
MA, MPH, LPC, RPT™

PLAY THERAPY WITH PAM

My primary goal is to form a secure, trusting relationship with my clients and help them gain awareness of their strengths as I support their unique healing journeys. I empower my clients to lead their therapy activities so I can better understand their worldview and thought processes, while also collaborating with parents and caregivers to meet their goals. To encourage growth beyond sessions, I invite families to practice therapy techniques at home. I offer both creative, activity-based approaches (such as games, sandtray, and arts & crafts) and traditional 'talk therapy' for children and adolescents.



- ✓ Spacious & well-equipped playroom and comfortable waiting area
- ✓ Child & Teen-Centered Play Therapy (ages 3-18)
- ✓ Individual therapy and parent coaching
- ✓ Address: 18205 45th Ave N, Suite A
Plymouth, MN 55446



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